## The Evangel First United Methodist Church of Gilbert November 2022



Attendance October 23th...188 Virtual viewing 133

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CHURCH OF GILBERT 331 S Cooper Road Gilbert, AZ 85233 480-892-9166

Office Hours: Monday-Thursday 9:00am-4:00pm Friday by appointment only

## Meet our new members. Please welcome them when you see them on campus.

**Vincent Mwelwa** is joining our church re-affirmation of faith and through Magaly Kon who is his wife. They were married ion September 2, 2022. He is self employed. Vincent enjoys reading, spending time with family, traveling, and helping others.







Health Ministry will be checking Blood Pressure and pulses on Sunday November 6th. In between services.

#### From your financial committee

September 2022		2022 Year to Date (calendar year)	
Budgeted Contributions	\$51,800	Budgeted Contributions	\$466,200
Actual Contributions	\$44,838	Actual Contributions	\$447,550
Actual Spending	\$57,085	Actual Spending	\$528,804
Surplus (Deficit)	(\$12,247)	Surplus (Deficit)	(\$81,254)

#### **Pastor Adriana**

#### **Adult Ministry**

Very excited for the "Sermon on the Mount" class that I am teaching on Sundays at 11am. This class was created by Amy-Jill Levine. The class started October 30th, but please let me know if you would like to join us. The more the merrier! This month I have spent some time working on building the Adult Ministry team to help with planning the classes/curriculum for 2023. Thank you for the input and amazing conversations I have been having with people on this subject. One of these conversations was with Rob Lane. Below is an introduction from him on a class that he would like to teach in 2023.

My name is Rob Lane, I'm a new member with First United Methodist Church. I've been called back to the church because of a blessing I've received from the Holy Spirit. I have been struggling with PTSD from my service in the Marine Corps during the Iraq war. It's been

almost 20 years of dealing with depression, anxiety, fear and anger. I've tried so many therapy techniques and nothing has been as effective in dealing with PTSD as mindfulness.

I learned about mindfulness in 2018 during a group therapy class. It wasn't until almost four years later when I had an embarrassing outburst of anger that I realized that I could have and should have handled that situation differently. I was ready to make a change. It was then that my class on mindfulness came back to me. I told myself that I would never allow myself to get that angry ever again and through mindfulness I not only never became that angry again I realized as time went on that I rarely became angry at all. As I became more mindful of my physiological state I also became less anxious. I realized that things either will or won't happen.

I have been able to move away from depression, fear anger and anxiety and what I have been left with are the virtues of the holy spirit. Love, joy, peace, patience, kindness,

goodness, faithfulness, gentleness, and self-control. This occurred to me after practicing mindfulness for several months, my life had been transformed and I have been able to grow immensely as a person and I have become a better father and husband. I have been blessed with the incredible gift of the holy spirit.

What I would like to do is show others how they can also take control of their lives and find an inner peace that I never thought was possible. In the Bible it says we must try as hard as we can to receive the holy spirit. This class is intended to be an introduction to mindfulness and what mastering mindfulness can lead to. If you struggle with depression you are living in the past and if you are struggling with anxiety you are living in the future. This class will try to teach you how to live in the present moment. If you are struggling with anxiety and depression I hope you will join me to make a lasting change. – Rob Lane

I want to thank Rob for sharing his story. Mindfulness is a powerful way to welcome the Holy Spirit into our daily lives. As the Adult Ministry team begins preparing the schedule and selecting class material and topics we continue to pray that we make decisions that reflect your spiritual development needs. If you have input, questions or a specific interest please feel free to reach out. If you have an interest in Mindfulness feel free to chat with Rob as well. The upcoming Advent bible studies will be published via eNews, service announcements and the website.

May your lives be filled with people, scripture, prayer, and joy that reminds you each day of God's love for you. Blessings,

Adriana



# **Church Conference** Tuesday Nov. 15, 2022 6:00 pm

You are invited to attend First Gilbert's 2022 Church Conference on Tuesday November 15<sup>th</sup> at 6 pm.

This is the yearly all-church meeting where the members of the church gather to vote on matters such as receiving reports from the trustees and finance, clergy compensation, and lay leadership.

The Church Conference is open for all people to attend, but only church members are eligible to vote. Our new East District Superintendent Rev. Melissa Rynders will be officiating.

This will be in person only.

You are cordially invited to attend the Gilbert Interfaith Service that will be held here at First Gilbert on Sunday November 13th at 7pm.This is a community event, so bring you friends, family and neighbors. All are welcome to join this service with the theme of "God is Good" and express our gratitude to God. Several different churches will be in attendance. The purpose of this



event is to promote understanding and respect in our community among diverse people of faith through music, speech, and the implementation of the Golden Rule.

We live in an age where our differences are constantly being highlighted and challenges harming our interactions. This is one community worship service that takes one hour for intentional seeking of peace and harmony. Hoping you will put this on your calendar and join us!



#### Join us on Sunday November 20<sup>th</sup> see the website or enews for time for the Hanging of the

**Greens**. Everyone is invited to help us transform the sanctuary into a colorful visual display that our hearts are ready for advent. The "hanging of the greens" is a Christmas tradition that has been around for centuries.

Sprays, garlands, wreaths, and trees from evergreen trees such as pine, fir, holly, and laurel have decorated homes at Christmas time since the days of Martin Luther in the early 1500s. Many churches begin their celebration of the Christmas Season with a ceremony called the Hanging of the Greens. Martin Luther is credited with encouraging people to decorate their homes and churches with evergreens to use it as a teaching tool about Christ and to be a symbolic reminder of the importance of his birth during the Christmas season. The word "evergreen" is used to reference any plant that keeps its leaves and color even during winter, when everything else appears dead. Martin Luther used evergreens as symbols of the unchanging nature of God and the everlasting life that Christians receive through Jesus Christ.

Please join in on this century long tradition! We will decorate, socialize and have a whole lot of fun. Absolutely everyone is welcome. No registration is necessary, just arrive at 11am and the fun will begin.





### Save the date!

Join us for

Chili and Caroling

## Sunday, December 11

#### 6:00 pm



First United Methodist Church of Gilbert 331 S. Cooper Rd. • Gilbert, AZ 85233 gilbertumc.org • facebook.com/FUMCofgilbert



Tom Bristow and Pastor Adriana at Missions@gilbertumc.org

#### **MISSIONS at GILBERT UMC**

"He told them, 'The harvest is plentiful, but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field." Luke 10:2 This is the time, we are calling on the few to donate, volunteer, pray, and support the mission efforts of First Gilbert as we move into the season of preparation. It is so easy to add these things onto your to-do list and to do automatically. Let me clear, we are so grateful for everyone who gives and supports. However, the message today is to do this prayerfully. Think of the people we are assisting. Think of the physical and spiritual messages. The many hands, many minutes, many Spirit driven thoughts that compel us to do this work. We are grateful that we can and we are trusting that these ministries help many. Our hope is that Christ's love shines through each endeavor.

The Mission Team is in serious planning mode as multiple efforts, it is time now for the congregation to help us reach our goals. Below is an overview of opportunities to be a cheerful giver. There are people who are in need. People who will appreciate a meal and/or a gift. This season also provides a chance to be engaged in this process by volunteering your time and talents. Please review the endeavors that the Mission team will lead but the success of every item is depending on the support of this congregation.

Review and reflect. Find a space to honor and support someone with a giving heart.

- **Thanksgiving Meal Dinners:** The price of the meals is \$50 per meal. A donation can be make for any amount that you are comfortable with. The list is being generated of individuals and families who are in need of the meals. You can donate your time to deliver the meals the week of Thanksgiving. We can also benefit from individuals to help pick up the meals. The mission team is also looking for one (or two) individuals to follow the team on how this initiative is done in the hope of this person leading the efforts in 2023. Our goal is to raise enough for 100 meals. The world we live in is real with food scarcity, there are no guarantees that all the boxes will be turkeys. This year we are mixing it up with some hams. All of them will still have the same wonderful fixings that go with them.
- Foster Children Gift Giving (Angel Tree): The Mission team is hoping that this church will donate to provide gifts to 25 children currently living in a foster home. The Youth team is helping create tags. The plan is to have these tags available Sunday November 13<sup>th</sup>, all gifts are to be returned by Sunday December 4<sup>th</sup>. This gives time for the gifts to be delivered to the different foster families prior to Christmas. Support for this endeavor includes purchasing gifts, wrapping the gifts, manning the table in the patio and helping us confirm all gifts have been received.
- Senior Santa: The Mission team is hoping to also provide Christmas gifts for twenty five senior citizens in need. Support of this endeavor includes purchasing gifts, wrapping gifts, tracking the items received, manning the table in the patio, and delivering the gifts. We are working off of the same timeline; tags available Sunday November 13<sup>th</sup> with the gifts to be returned Sunday, December 4<sup>th</sup>.

If you are doing the math, it is meals and gifts for 150! November is going to be one busy month!! Please be prayerful and reflect on how you can help. Find a space to honor and support our fellow brothers and sisters with a giving heart. Thank you for all your support!!

## SURVIVING THE HOLIDAYS

When you are grieving a death, the holiday season can be especially painful. Our **Surviving the Holidays** support seminar helps you prepare for the holidays and even discover hope for the future. Contact Kay for information: **kpealstrom@aol.com** 

40.20 ---- Cottand K.pealstrom@gmail.com

Sign up for classes required

New class starting November 5th at 10:30—Noon in First Gilbert UMC room 130.

## **Blue Christmas Service**

GRIEF

## Wednesday, December 21 • 6:30pm

Not everyone enjoys the holiday season.

Many of us grieve the loss of loved ones, find ourselves alone, or just don't feel as joyful as others seem to be.

If you identify with these feelings of loss and sadness during the holidays, please join us for our Blue Christmas Service.

## Fall Events at First Gilbert

Mon.	Oct. 31	6-8 pm	Trunk or Treat
Sun.	Nov. 13	7 pm	Gilbert Interfaith Service
Tue.	Nov. 15	6 pm	Church Conference
Sun.	Dec. 11	8, 9:30 am	Cantata at both worship services
Sun.	Dec. 11	6-8 pm	Chili and Caroling
Wed.	Dec. 21	7 pm	Blue Christmas Service
Sat.	Dec. 24	4, 6, 10 pm	<b>Christmas Eve Candlelight Services</b>
Sun.	Dec. 25	9:30 only	Christmas Day service

# Volunteers Needed for Coffee Hour

Helping the coffee hour team is a fun way to fulfill your call to ministry! Contact Divina at connection@gilbertumc.org

Get ready to bless our less fortunate neighbors with a box of "fixins" for a delicious Thanksgiving meal. Imagine what your donation of \$50.00 can do!



Donation envelopes can be found in the pews or you may stop by the Missions Table on the patio or you can mail in or go to our website to donate and/or volunteer to deliver the boxes in the afternoon of Monday, November 21st.

> Please contact Missions Team at <u>Missions927304@Groups.outlook.com</u> to volunteer to deliver boxes or if you have questions

#### **Emotional Wellness**

October is Emotional Wellness Month, which helps us focus on ways we can care for ourselves. Our mental health is as important as our physical health. The National Center For Emotional Wellness defines emotional wellness as "an awareness, understanding and acceptance of our feelings, and our ability to manage effectively through challenges and change." Western cultures did not focus proactively on the concept of wellness until the 1950's, and is now a focal point of overall health.

How can we optimize our emotional wellbeing? Firstly, practicing mindfulness as your way of life by being present in the moment rather than being on autopilot. Mindfulness is an ancient practice in Buddhis meditation. It is about being completely aware of what's happening in the present without dwelling on the past or worrying about the future. Easier said than done, right? The National Institute for Health offers lots of mental health advice. Click here for your emotional wellness toolkit <u>https://www.nih.gov/health-information/emotional-wellness-toolkit</u>

Mr. Rogers said "Listening is where love begins: listening to ourselves and then to our neighbors. When we can talk about our feelings, they become less overwhelming, less upsetting and less scary." Make a point of talking about your feelings with others, which will help you understand them better yourself. Our physical and emotional selves are highly connected. By improving physical wellness, you will see emotional benefits as well. Activity increases endorphins, which are "feel good" chemicals. You're in luck because just coming to church fulfills some of the recommendations for good emotional health, including listening to music and surrounding yourself with people.

There is a danger in overextending. Emotional wellness is the ability to successfully handle life's stresses. Set priorities and say no to new tasks. Show compassion for yourself by noting what you did accomplish at the end of the day, not what you didn't. Poor emotional wellness has a negative impact on relationships, work. and concentration. Long term stress lowers immunity and increases blood pressure. It's ok to say no! You are doing great!

There is considerable focus today on wellness regarding preventing illness, but our emotional well-being is often overlooked. For concise info sheets that help in fostering emotional well-ness on any topic, including bullying, infertility, stress, PTSD, click on <a href="https://www.nationalcenterforemotionalwellness.org/infosheets">https://www.nationalcenterforemotionalwellness.org/infosheets</a>.

"Everyone you meet is fighting a battle you know nothing about. Be kind. Always". Robin Williams.

Stay well, church family!

Stacy Cantwell PA, Health Ministry

Music opportunities for everyone

# Join the Handbell Choir!

Contact Marilyn at organist@gilbertumc.org or call office at 480-892-9166

# **CHILDREN'S CHOIR**

Meet in Room 130 after 9:30 service



"Come Christians Join to Sing" Join the Choir!

Contact Randy at musicdirector@gilbertumc.org or call office at 480-892-9166

#### Fall Youth News

The Youth are busy as always! In September we kicked off the school year with a Youth Lock-In where the youth made their own pizzas, went glow in the dark mini-golfing, played Capture the Flag around the church campus until the wee hours of morning, got very little sleep, but had a lot of fun! A small group also volunteered at UMOM for "Read to Me" – reading books with some of the children living at UMOM and donated 2 boxes full of books, they'd been collecting for the past year, to the families who live there.



In October, over fall break, the youth cooking class baked Swiss Rolls and another group volunteered at the United Food Bank packing Emergency Food bags. Later this month we will welcome a few local youth groups to join us for a fun afternoon Youth Group Pumpkin Carving Contest. I can't wait to see all the creative designs they come up with!





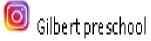
#### Save the Date for Confirmation 2023!

If you have a youth in 7-12<sup>th</sup> grade who is interested in participating in confirmation class this spring, please email <u>youthministry@gilbertumc.org</u>. Confirmation **seeks to give our youth a systematic overview of the faith** - **our identity, our history and heritage, our practices, and our beliefs**. We're taking a creative and collaborative approach to Confirmation classes this year, condensing it down to only 3 weekends and will be combining with youth from other east valley UMC's. The dates will be Feb. 24/25<sup>th</sup>, March 31/April 1<sup>st</sup>, and April 28-30<sup>th</sup>. There is a short parent and youth Confirmation information meeting scheduled for Sunday Nov. 13<sup>th</sup> at 10:45-11am in the Sr. High Rm #201.

In Nov/Dec Youth Ministry will be helping Missions team with Senior Santa and Gifts of Hope gift collections. Watch the church E-news for updates on how to support theses upcoming mission's opportunities! Follow us on Instagram @fumcgyouth, and if you'd like to receive the weekly E-news of Youth Ministry updates, please email youthministry@gilbertumc.org. Lisa DePalma, Director www.gilbertpreschool.com 480-892-9166

#### Preschool News www.gilbertpreschool.com







1" United Methodist Churcl

Gilbert Preschool

spreading God's love

#### What's been going on?

During October, we enjoyed the first two weeks off spending time with our families and enjoying the cooler weather. Our bible verse was, "You are the light of the world ", Matthew 5:14. At the end of the month we hosted a fall art walk and invited the families to come and view our preschool projects and pictures. There was a photo booth and some yummy fall snacks! Before break the classes planted the preschool garden. They have been having fun watching the vegetables and flowers come up. This year, we are growing lettuce, carrots, beans, radishes, two kinds of squash and tomatoes. We also planted a few different kinds of flowers. Everyone is looking forward to the day when we can pick the vegetables and try them out during snack...with some ranch dressing, of course!



#### What's coming up?

This November, we'll talk about all the things that we are thankful for! We'll learn about the letters T and A and make Thanksgiving placemats. We will all enjoy a "feast" together, on the 17th and share what we are thankful for and make a special friendship mix snack.



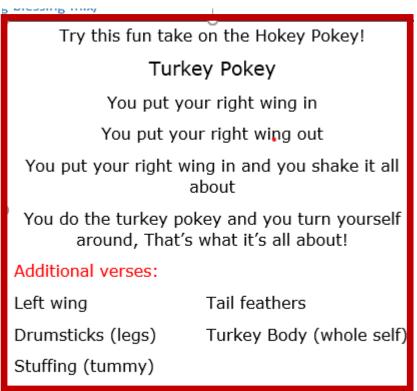


 Shop at Fry's Food Stores with your VIP card and get great savings, earn fuel points, and help our church preschool. Just go online to FrysFood.com, scroll to the bottom of the page and click on Fry's Community Rewards under **Community.** Log on to your account and search our organization number, **DM609**. You're all set! Your savings help us to earn money for our wonderful program. Thank you!

#### Some preschool fun!

Make Thanksgiving Blessing Mix with your little ones to bag up and pass out to friends and neighbors! https://www.iheartnaptime.net/thanksgiving-blessing-mix/





If you have any questions about the preschool, please email preschool@gilbertumc.org or call 480-892-9166. Lisa DePalma or Ellie Koenig would love to speak with you!

#### November 2022 Children's Ministry What's Happening?

#### **Preschool and Kinder**



#### SERIES DESCRIPTION:

God is good. And if you look for it, you'll see it. You'll see God's goodness in creation, the food you eat, your family, your friends, and the people who help you. The key is in looking for it, and when you see it, give thanks to God for it! CORE INSIGHT:

DESIGN

WEEK ONE: Every Good and Perfect Gift—James 1:17; Genesis 1

16

WEEK THREE: Aaron Helps Moses—Exodus 17:8- WEEK TWO: David Anointed / Goliath—1 Samuel 13

WEEK FOUR: Nehemiah Builds a Wall\*-Nehemiah 1-6

#### BOTTOM LINE: GOD IS GOOD.

"Give thanks to the Lord, for he is good." Psalm 107:1, NIV

> Weds Wilds at 6:30pm in room 205 Kinder-6th graders. Register online On our website. We need this to be prepared for the children please.

#### **1ST-6th Graders**



#### SERIES DESCRIPTION:

God may ask us to take a risk or do something we might not feel prepared to do. But God will also give us the courage we need to face that challenge. Jesus faced the biggest challenge of all: death on the cross. He chose to be brave and follow God's plan.

CORE INSIGHTS:

**FAITH • TRANSFORMATION** 

WEEK ONE: Joshua and Caleb—Numbers 13-14 WEEK TWO: Elijah and the Widow-1 Kings 17:7- BOTTOM LINE: You can do what you should even when others are afraid.

16:1-13, 17:1-51

BOTTOM LINE: You can do what you should even when things seem impossible.

WEEK THREE: Daniel Is Thrown Into a Den of Lions-Daniel 6 BOTTOM LINE: You can do what you should because God is with you.

WEEK FOUR: Esther—The Book of Esther BOTTOM LINE: You can do what you should even when you don't know what will happen

"Be strong and brave. Do not be afraid. Do not lose hope. I am the LORD your God. I will be with everywhere you go." Joshua 1:9b, NIrV

#### Mission: Thanksgiving Dinner



õ anelle Chiricuzio, Director children ministry@gilbertumc. Children's Ministr



Jr. High Sunday School Room #200 with Ron During the 10am Service Sr High Sunday school in Sr high room #201-202 with Ms. Cindie

Youth Group Sunday Nov. 6th **Escape Room** Time TBD (afternoon) \$20, Sign up <u>Here</u>





Confirmation, Spring 2023 Interest Meeting for Parents and Youth Sunday Nov. 13th, 10:45-11am

Join us in the youth room for a quick informational meeting! New structure- only 4 weekend to commit too, will finalize schedule soon. Most likely to include: Feb24-25, March 24-25 OR April 1-2, and a full weekend in Mid-Late April for a Confirmation Retreat. Confirmation likely on Mother's Day 2023. Click <u>HERE</u> to be added to the interest list.

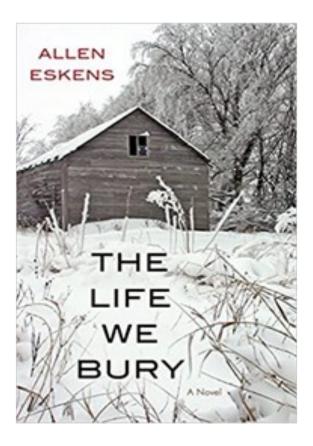
#### SAVE THE DATE MORE UPCOMMING YOUTH EVENTS

(Activities are tentative and times TBD- keep watching Youth News for details) Nov 13th- Youth council meeting 11:30 Nov 13,,20th, 27th 8:45-9:30 Youth Group, senior Christmas gift table Nov. 20th Youth Group, Scavanger Huntand Christmas Angel Shopping (TBD) Dec 4th- Youth Group combined with all church event (TBD) Dec 18th- Youth Group, Christmas Party Dec 24th- Volunteer at Live Nativity/Petting Zoo during services



#### Follow us on Instagram@fumcyouth

The whole leadership team and youth leaders are keeping you and your family in our prayers each week. Please reach out if you need anything youthministry@gilbertumc.org !



The Book Corner November's book is <u>The Life We Bury</u> By Allen Eskens

> Craig will be leading the review of this fiction book which was published in 2014.

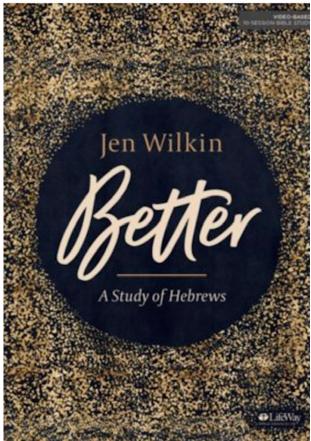
The Book Club will meet November 17th at 11:30 in Room 130.

December's book will be <u>The Santa Suit</u> By Mary Kay Andrews

#### **Tuesday Morning Bible Study**

**Tuesday Morning Bible Study** 

Our next book Better by Jen Wilkin starting on September 20, 2022 at 9:15 social time, prayers and praises ). Same format as before (in person only) no masks required (but highly recommended) with large group video then small group discussion. Please let me know if you want the book (so we can order enough) and if you need nursery care (so I can let those that arrange that, know.) Please share with friends/neighbors that might be interested in joining our multi denominational Christian group. In this verse-by-verse study of the Book of Hebrews, Jen Wilkin explores how God "provided something better for us" in the person of Jesus Christ (Heb. 11:40). Through stories of Old Testament heroes and practices, the author of Hebrews demonstrates how the new covenant is superior to the old and how Jesus Christ is the fulfillment of every promise. Explore familiar verses in context of the entire Bible, learning how to place your hope and faith in Christ. (10 sessions) We will take off October 4 and 11. We will meet off campus on Nov. 8th and end December 13th. Contact Sonja Ruhland at Sonja.ruhland@gmail.com



#### Mark your calendar for these other upcoming events:

- Choir study will start October 23rd the Adam Hamilton Study "<u>Prepare the Way for the Lord</u>". It will be a 4 week study.
- All Saints Day November First.
- Chat and Chew meets every Wednesday at 12:00 in Room 136. Bring your own lunch and join us for fellowship.
- November 3rd at 9:30 am Christian Women's Fellowship meets in Room 130.
- Surviving the Holiday Grief Share class on November 5th at 10:30-Noon at First Gilbert in room 130. <u>Contact Kay by November 3rd at k.pealstrom@gmail.com to sign up for class</u>.
- The Health Ministry will be checking Blood Pressure and Pulse check on November 6, Sunday @ 900 am and 1030 am in the AC. After 1st and 2nd service.
- Election Day FUMC of Gilbert will be an election site on the 7th-8th . Be sure to voice your choices and VOTE!
- Church office will be closed in observance of Veteran's Day on November 11th.
- Church Conference November 15th in Sanctuary at 6 pm.
- Book Club Meets November 17th at 11:30 am in Room 130 November's book is <u>The</u> <u>Life We Bury</u> by Allen Eskens
- November 20th last day to buy a Thanksgiving Dinner and Monday November 21st Thanksgiving boxes will be delivered so sign up to help.
- Hanging of the Greens November 26th at TBD in Sanctuary.
- The Church office will be closed on November 24 and 25 in observance of Thanksgiving.
- November 27 is First Sunday of Advent join us through the Advent journey.





#### Prayers for those in need



During this time of uncertainty we will be praying for those in need so please either call or email prayer requests and we will send them out to our dedicated prayer team. The office number is 480-892-9166 or the email <u>prayers@gilbertumc.org</u>. If It is pastors only request please mark pastors only and it will given to the pastors.

And we will being praying for all the concerns and praises. Your Prayer Team





#### From Your Finance Committee

**Quarter 3 statements** were sent to your email or postal address on file on October 5, 2022. If you did not receive it, please submit your current email or postal address to Penny at <u>fincialsectretary@gibertumc.org</u> She will ensure that the statement is sent to the updated address.

September 2022		2022 Year to Date (calendar year)	
Budgeted Contributions	\$51,800	Budgeted Contributions	\$466,200
Actual Contributions	\$44,838	Actual Contributions	\$447,550
Actual Spending	\$57,085	Actual Spending	\$528,804
Surplus (Deficit)	(\$12,247)	Surplus (Deficit)	(\$81,254)



#### Congregational Care Support Groups

*For more information about groups and other support available, please contact Pastor Adriana at pastoradriana@gilbertumc.org or 480-892-9166* 

#### GriefShare Support Group opportunities will be in person at First UMC of Gilbert or via zoom

For those grieving the loss of someone close to them, this support group offers hope, prayerful support and a safe place to grieve. Upcoming schedule includes a Surviving the Holiday class on **Saturday November 5th** at First Gilbert from 10:30am to Noon. On **January 7th** we will begin the GriefShare 13week series. You can participate in this via zoom at 8am on Saturday January 7, 2023. You can also participate in person on Saturday January 7, 2023 at 10:30am-noon in room 130 **To register for any of these items, please contact Kay Pealstrom at k.pealstrom@gmail.com. In order to ensure resources and everything to be prepared it is highly recommended prior to the session.** 



GRIEF SHARE

# Text-to-Give Text 480-712-1057 Enter amount with \$ sign for example: \$25 For first usage only: Register with link provided Click "Process"

#### November Calendar of Events 2022





#### December Calendar of Events 2022



#### November Birthdays



Israel Mutach	1
Madalyn Paap	1
Tiffany Scharff	2
Terry Bettis	5
Barbara Valbuena	5
Jan Casebolt	7
Daniel Murphy	7
David Baker	8
Chloe Boesch	10
Dan Bose	10
Jeremy Norris	11
Ted Jung	12
Linda Roy Sanders	12
Jacob Galvin	13
David Gripentrog II	15
Michelle Reynolds	15
David Paap	16
Trish Odell	17
Blanche McDonough	18
Stuart Wiemers	21
Teverly Taylor	22
Alyssa Houseman	23
Roy Phelps	24
Barbara Burford	25
Kim Harding	25
Donn Brown	26



Craig Thompson	27
Jenny Vallera	27
Colleen Gripentrog	28
Michelle Butler	29
Melissa Van Der Pol	29
Sharon Kotsonas	30
Celebre	time

#### **November Anniversaries**

Date	Sweet Couple	Years
		Married
11	Robyn and Clifford Oswald	34
20	Linda and Jeff Martell	40
20	Karla and Douglas Romfo	46
22	Linda and Frederick Hartmann	54
23	Angela and David Mittner	17